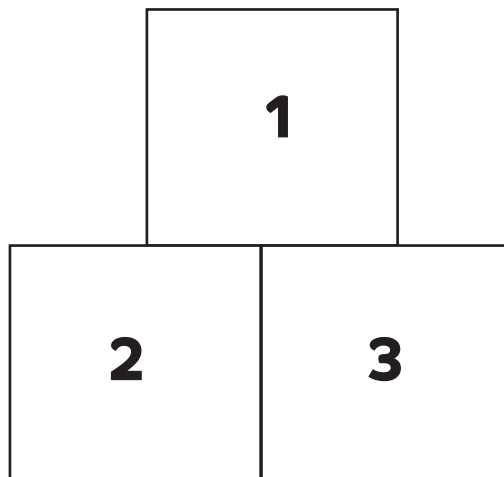


Beattie's Hopscotch Challenge

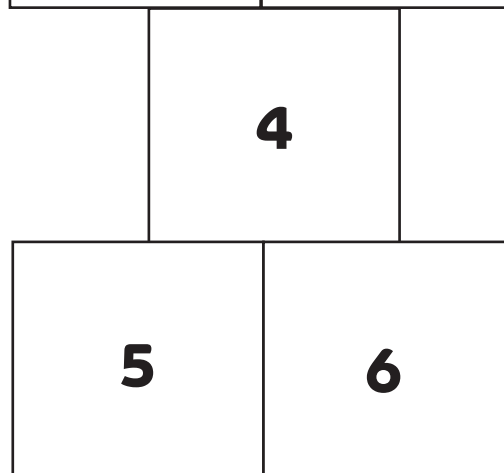


Beattie loves being active! Create a fun Hopscotch game and see if you can complete Beattie's challenges while you play. You could make one outside using chalk or use cushions or pieces of paper to create one indoors. Just remember to ask your parents first!

Challenge 1
Every time you land, can you do a squat?



Challenge 3
How long can you balance on the one leg square?



Challenge 2
Can you create new jumps to complete Hopscotch?

Challenge 4
Can you race another member of your household? Who can go the fastest?

Challenge 5
Can you do Hopscotch backwards?

